LOOSE IN THE BORSCHT BELT

The blink-and-you'll-miss-them communities along the eastern bank of the Delaware River have seen good times and bad, but an influx of exurbanites from Brooklyn is breathing new life into these faded lumber towns. Follow Route 97, a seductive jaunt that clings lovingly to the Delaware before the river vistas give way to tumbledown farms and picture-perfect woods.

-AARON HICKLIN

START: Port Jervis, New York END: Roscoe, New York TOTAL DISTANCE: 100 miles SUGGESTED LENGTH: 2–5 days

1. FOUNDRY 42+, PORT JERVIS It's taken a while, but there are finally signs of "refervination," to use Cooper Boone's phrase, in this old industrial town 90 miles northwest of the city. Boone, a clinical psychologist, singer-songwriter, and foodie, is the kind of local pioneer who sees an opportunity and runs to it. His new venture, Foundry 42+, occupying a two-story 1940 building with tin ceilings. is a miniature ABC Carpet & Home, with furniture, antiques, grooming products (created by Boone's husband, Mark Veeder), a café, and-because why not?-handmade unicorns. F42home.com

2. STICKETT INN, BARRYVILLE
Owners and partners Roswell
Hamrick and Johnny Pizzolato
have turned this former canal
house into an eclectic Aladdin's
den of whimslcal art and
woodsy comforts. Each of the
four suites is themed—Soak,
Drink. Eat, and Steam—so
choose your poison wisely.
Unwind in a spacious trough

tub in Soak, or throw a party in Drink (It comes with a wet bar). For a gentle hike, the town is close to the Minisink Battle Ground, a half-mile trail commemorating American soldiers who perished in a 1779 raid lead by Joseph Brant, a Mohawk colonel in the British Army. StickettInn.com

3. ROEBLING'S DELAWARE
AQUEDUCT, LACKAWAXEN
John Roebling, best known for
building the Brooklyn Bridge,
designed this crossing—the
oldest wire suspension bridge
in the country—to connect
the parts of the now defunct
Delaware & Hudson Canal. Built
in 1846, it's now a road bridge,
but still retains its original
appearance. On the other
side is the house, now a small
museum, where author Zane
Grey lived from 1905 to 1918.

4. TUSTEN MOUNTAIN TRAIL

Midway between Barryville and Narrowsburg, this trail is a three-mile loop of pristine woods overlooking the river. Hike through eastern hemlocks and white pines and, when in season, a plethora of wildflowers including violets, red columbines, and pink lady's







slippers. Trallkeeper.org/trall/ tusten-mountain-trall

5. NARROWSBURG

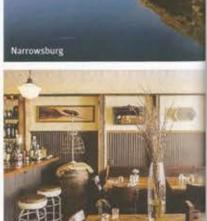
At the narrowest point of the Delaware River (hence its name), Narrowsburg is a happy hunting ground for birders scanning the skies for bald eagles, especially in winter and early spring before the tree canopy grows back. In summer, scramble down the river bank under the bridge and swim off the large flat boulder before hitting one of the town's bustling restaurants.

Try the Heron, on Main
Street, for comfort classics like
buttermilk fried local chicken,
or The Laundrette, for inventive
pizzas baked in an imported
Italian wood-fired oven. Wash
them down with a New York
Sour on the outdoor terrace.
TheHeronRestaurant.com and
TheLaundrette xvz

6. NINE RIVER ROAD,

CALLICOON

With its wide main street straddling the railway line and the imposing mansard roof of the Western Hotel, Callicoon could be the setting of a Zane Grey novel (see #3) If a tumult



of new ventures hadn't blown away the tumbleweeds. Building on their success with boutique hotels in nearby Livingston Manor and North Branch, Sims Foster and Kirsten Harlow Foster have brought their cozy aesthetic to Callicoon with the eight-room Nine River Road. Guests are greeted by the inkeeper in the kitchen, and the down-home vibe continues with porch swings and hammocks. Grab one of the bikes and cycle along River Road for bucolic views and unlimited opportunities for a pre-cocktail dip. NineRiverRoad.com

41 TO Y STE

INGSTON MANOR brewery can represent future of this region. s is it. Apart from crafting ert hooch, the state-ofart facility-which ludes solar panels, natural lighting, and green fs-makes it among the st eco-friendly beer makers he nation. Nearby resident environmental activist rk Ruffalo is a fan. ench your thirst with owler of Devil's Path. PA named for a brutal skills trail. It's so much er to drink it than hike it... skillBrewery.com

CATSKILL BREWERY.

8. BEAVERKILL BRIDGE,

CATSKILL PARK Hallowed in the annals of fly-fishing (the great sports writer Red Smith described being there for the opening day of the season as "a little like observing Christmas in Bethlehem"). Beaverkill is possibly the most famous trout stream in America. This spot. next to a 150-yearold covered bridge, is picnic nirvana. There are tables and grills along the river-and you can always fish for your supper. 792 Berrybrook Road Spur, Roscoe

